

Rae Louise Stern L.M.S.W.,A.C.P.,L.M.F T
713-682-8118

Curriculum Vitae

Specialties

General Psychotherapy
Brief Psychotherapy
Eating Disorders
Affective Disorders

Other Areas of Practice

Multifamily Psychotherapy
Family Psychotherapy
Group Psychotherapy
Critical Incident Debriefing

Experienced in the Following Settings

Inpatient
Outpatient
Partial Hospital

Education

MSW
University of Houston 1981-1983
Houston, TX

BA
Indiana University 1976-1978
Bloomington, Indiana

University of Cincinnati 1973-1975
Cincinnati, Ohio

Graduate Training

1981-1982 Grace Stuart A.C.P.

Low Vision Clinic University of Houston

1982-1983 Baylor Outpatient Clinic, Department of Psychiatry

Post Graduate Training

1983-1984 Eating Disorder supervision at the Baylor Psychiatry Clinic with Dr. Mariame Aviles

2003 Basic Critical Incident Stress Management, Mitchell Model

2005 Advanced Best Practices Critical Incident Response

Employment History

1983-1988 Post Oak Psychiatry Associates

1988-Present Outpatient Practice

Years of Clinical Experience 1983-Present, 26-years

Honors and Distinctions

NASW Texas Special Interest Committee on Private Practice appointed 2001-2003

West Central Coalition Co-Chair 1996 Delegate Assembly

National Association of Social Workers, Elected 1993

National Association of Social Workers Chair

Texas State Private Practice Committee 1993-1994

National Association of Social Workers

Texas State Private Practice Committee, appointed 1991-1993

Delegate National Association of Social Workers 1990, 1993

Delegate Assembly. Both elected offices.

Chairperson Private Practice Committee

Houston Unit, National Association of Social Workers, October 1988-1990

Town and Country Magazine, March 1988

Listed in National Guide to Finding the Right Psychotherapist- Eating Disorders

Chairperson Public Relations

Houston Unit, National Association of Social Workers 1984-1988

Graduate Student Director, Texas State Board
National Association of Social Workers 1982-1983

Graduate Student Representative from the University of Houston
Graduate School of Social Work to the Houston Unit of the National Association of
Social Workers 1982-1983

Licensure

Social Work Texas Certification Number 09994
Advanced Clinical Practitioner 1989
Texas Association of Marriage and Family Therapists Number 2699-035782

Professional Organizations

National Association of Social Workers

Texas Association of Marriage and Family Therapists

Program Development and Research

1986 Consulted on the development of young adult, in-patient unit at Gulf Pines
Hospital

1985 Developed Special Services Program, a brief therapy model for outpatients at
reduced fees.

1984 Research Project Interdisciplinary Teams in Psychiatric Practice for Post Oak
Psychiatry.

1984 Developed Post Oak Psychiatry Outpatient Eating Disorders Program.

1983 Developed Post Oak Psychiatry Weight Management Program with Manuel J.
Cortez, M.D.

Related Experience and Activities

1983-Present: Vast experience with ages 17 to 70 with many varied kinds of
psychosocial and psychological problems.

1983: Presenter- Mental Health Association Speaker's Bureau.

1983: Presented "Attaining Life Goals" at Mitchell Energy

1984: Presentation to the Houston Unit, National Association of Social Workers on Eating Disorders

1984-1985: Presentation on Houston Live television show, Channel 26, on the following topics:

- Incest
- Post Oak Psychiatry Associates Special Services Program
- Depression
- Anxiety
- Between Mothers and Daughters
- Eating Disorders
- Being Single
- Knowing When You Need to See a Therapist
- The Shuttle Disaster and Its Effect on Houston

1985-1986: Director of Special Services Program, Post Oak Psychiatry Associates

1985-1986: Served on Public Relations Committee, Post Oak Psychiatry Associates

1987: Presentation on "Dealing with Difficult Patients" at the Annual Meeting of the Texas Society of Patient Representatives

1986-1988: Presentation on eating disorders for psychology students at the University of Houston

1988: Presentation on "The psychological implications of Plastic Surgery" in a seminar on plastic surgery at Temple Beth Israel.

1989: Presenter at Eating Disorders Conference: "Eating Disorders- A Multidisciplinary Approach to Assessment, Management and Recovery".

1991: Designed and taught "Introduction to Treatment of Eating Disorders" courses in the Department of Continuing Education at the University of Houston.

1991-1995: Consultants to hospitals on difficult cases.

1991-1997: Frequent speaker in Houston on Eating Disorders.

2005: Speaker on Women's Issues Radio Show AM700 Radio Station.